



Kentucky Personnel Cabinet
Office of the Secretary

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First OnSite Clinics hold grand opening

FRANKFORT, Ky. (Jan. 28, 2010) — The Personnel Cabinet’s Journey to Wellness program participated in the official grand opening of the four First Onsite Clinics Jan. 28. Celebrations were held at each clinic location: the Capitol Annex, the CHFS Building, the Capital Plaza Tower and the Transportation Building.

The events provided employees the opportunity to visit one of the clinics and meet the staff, learn about services provided and receive a free blood pressure check or body fat measurement.

The clinics are open Monday through Friday from 8 a.m. to 4:30 p.m. and are available to all state employees. The clinics are staffed by nurse practitioners, a registered nurse with advanced training in diagnosing and treating common medical problems. These nurse practitioners can write prescriptions, perform physical exams, give vaccinations, check blood pressures and handle most routine healthcare needs.

Most employees and dependants are covered for services at the clinics through the Kentucky Employees' Health Plan (KEHP), however the clinics will also accept other health plan coverage. Normal insurance rules apply to most services.

Secretary of Personnel Nikki Jackson says the clinics further promote an environment of healthy living. “Our goal through the Journey to Wellness program is to encourage our employees and their families to make healthy lifestyle changes. A healthy lifestyle includes taking time for maintenance activities, such as regular blood pressure checks. The convenience of the clinics will also allow employees to easily obtain professional care when they’re not feeling well or when they might be seeking help with their wellness goals.”

Employees can use the clinics for a number of wellness needs including goal setting and coaching; weight management assistance; care for the common cold; allergy shots; and much more.

For more information on the First Onsite clinics in Frankfort, visit <http://www.firstonsitefrankfort.com>. For more information on the Personnel Cabinet’s Journey to Wellness program, visit <http://personnel.ky.gov/dei/wellness/>.