

Good health is its own reward.

But getting perks for making healthy choices is pretty good too.



Introducing HumanaVitality,SM a whole new approach to wellness that's leading to real change.

Good health is its own reward. But it's not the only one. HumanaVitality is a breakthrough program that encourages you to make healthy choices and rewards you whenever you do. All you have to do is log in on Livingwell.ky.gov and take the health assessment.

Find out more, log in or register on Livingwell.ky.gov



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