Benefit Resources





844-402-KEHP

Medical: Anthem has operated in Kentucky for more than 75 years and is the largest insurance carrier in the Commonwealth. We are excited to work with this partner, who offers a large network of providers, excellent service and technology, and opportunities to help hold down costs.

877-430-5519

Health**Equity**®

FSA/HRA/COBRA: WageWorks is a leader in administering Flexible Spending Accounts (FSA) and Health Reimbursement Arrangements (HRAs). WageWorks is solely dedicated to administering pre-tax spending accounts which empower employees to save money on taxes. They also provide COBRA administration services. They make benefits programs easier to understand and use so that everyone can take advantage of pre-tax savings and focus on what matters most.

CVS/caremark[™]

866-601-6934

Pharmacy: CVS/Caremark network includes more than 67,000 pharmacies nationwide, including chain pharmacies and 20,000 independent pharmacies. It is important to know that you do not have to use a CVS pharmacy and may continue to use your existing retail, grocery store, independent pharmacy, etc.

866-746-1316



Well-being: a well-being & rewards program that provides our members with an online platform and mobile app experience. WebMD's program is proven to inspire healthier habits, minds, and bodies. As a participant of this program, you will have the opportunity to gain financial rewards for completion of an online health assessment and other fun and interactive challenges through the year.

Benefit Resources





800-714-9285

Behavioral: RethinkCare offers support for employees raising children with special needs. This free benefit provides tools for learning, social, behavioral challenges, and developmental disabilities.

855-869-2133

SmartShopper®

Transparency: KEHP's transparency vendor allows you to earn a cash reward for choosing a cost-effective option for your healthcare needs. It's easy and free to shop the Vitals list of services and lower your out-of-pocket costs and earn rewards.

lark

844-402-5347

A Diabetes Prevention Program can help you lose weight, adopt healthy habits, and reduce the risk of developing type 2 diabetes. And it's available at NO COST to members who qualify. See if you qualify at lark.com/anthem

855-902-2777



Hinge Health is a virtual exercise therapy program designed to address back, knee, hip, neck, or shoulder pain. It's convenient and fits your schedule — it can be done anywhere, at any time.



800-542-2667

Retirement: Kentucky Deferred Compensation helps *you* save and invest toward retirement with pre- and post-tax supplemental retirement plan options at a very low cost.

Benefit Resources





At the Frankfort-based LivingWell Health Clinics, we believe high quality medical care requires getting to know our employees. Our medical providers will take time to listen to you and understand your unique and individual healthcare needs. Our high-quality medical services are free to eligible Commonwealth of Kentucky employees.

Capitol Annex Bldg: 502-564-3333

CHFS Building: 502-564-5555

Mayo-Underwood Bldg: 502-564-4444

300 Building: 502-564-3444

Kentucky Employee Assistance Program

A confidential source for Kentucky State Employees for help with personal and work-related concerns. KEAP is dedicated to helping employees find resources for personal concerns such as family issues, emotional distress, substance misuse, financial concerns or job stress challenges. Our services are confidential and are available to all state employees and their dependents. There is no cost for information or referral services.

Other Important Numbers

Kentucky Optional Insurance Branch	800-267-8352
LiveHealth Online	888-548-3432
24/7 Nurseline	877-636-3720
Substance Use Disorder Telephone Resource Line	855-873-4931
Acupuncture @ UK Healthcare	859-323-4325
Future Moms — Maternity Care	844-402-5347