



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GOOD HEALTH IS GOOD BUSINESS

YMCA of Central Kentucky Corporate Wellness Program (Commonwealth of KY Employees)

- No Joining Fee – \$50 savings
- 10% percent discount on monthly rates - (see membership rate chart below)
- No Contracts

Amenities and Membership Benefits

- Four convenient YMCA facility locations throughout Lexington
- Fully equipped health/wellness centers with a wide variety of cardio and free weight equipment
- Group exercise classes – over 300+ classes per week citywide
- Indoor pools at all locations; expansive outdoor pool at Carol Martin Gatton Beaumont
- Full-size gymnasiums plus indoor walking/running tracks at our High Street, Carol Martin Gatton Beaumont and Whitaker Family YMCA locations
- Free child watch available at wellness facilities while you workout
- Complimentary wellness goal setting sessions with qualified staff
- Discounted rates on programs such as youth sports, swim lessons, enrichment programs, day camp

Membership Type	Monthly Membership Rate	Your Preferred Monthly Rate	Your Joiner Fee	Estimated Annual Savings
Household	\$82.50	\$74.25	\$0	\$150
Adult	\$56	\$50.40	\$0	\$117
Senior Adult (65+)	\$48	\$43.20	\$0	\$107
Senior Household	\$69.50	\$62.55	\$0	\$83.40
Young Adult (19-25)	\$30	\$27	\$0	\$86

For questions, please email membership@ymcacky.org or call your preferred location. Visit www.ymcacky.org for more information about programs and services.

Carol Martin Gatton Beaumont YMCA
3251 Beaumont Centre Circle
859.219.9622

Whitaker Family YMCA
2681 Old Rosebud Road
859.543.9622

High Street YMCA
239 East High Street
859.254.9622

North Lexington YMCA
381 West Loudon Ave
859.258.9622