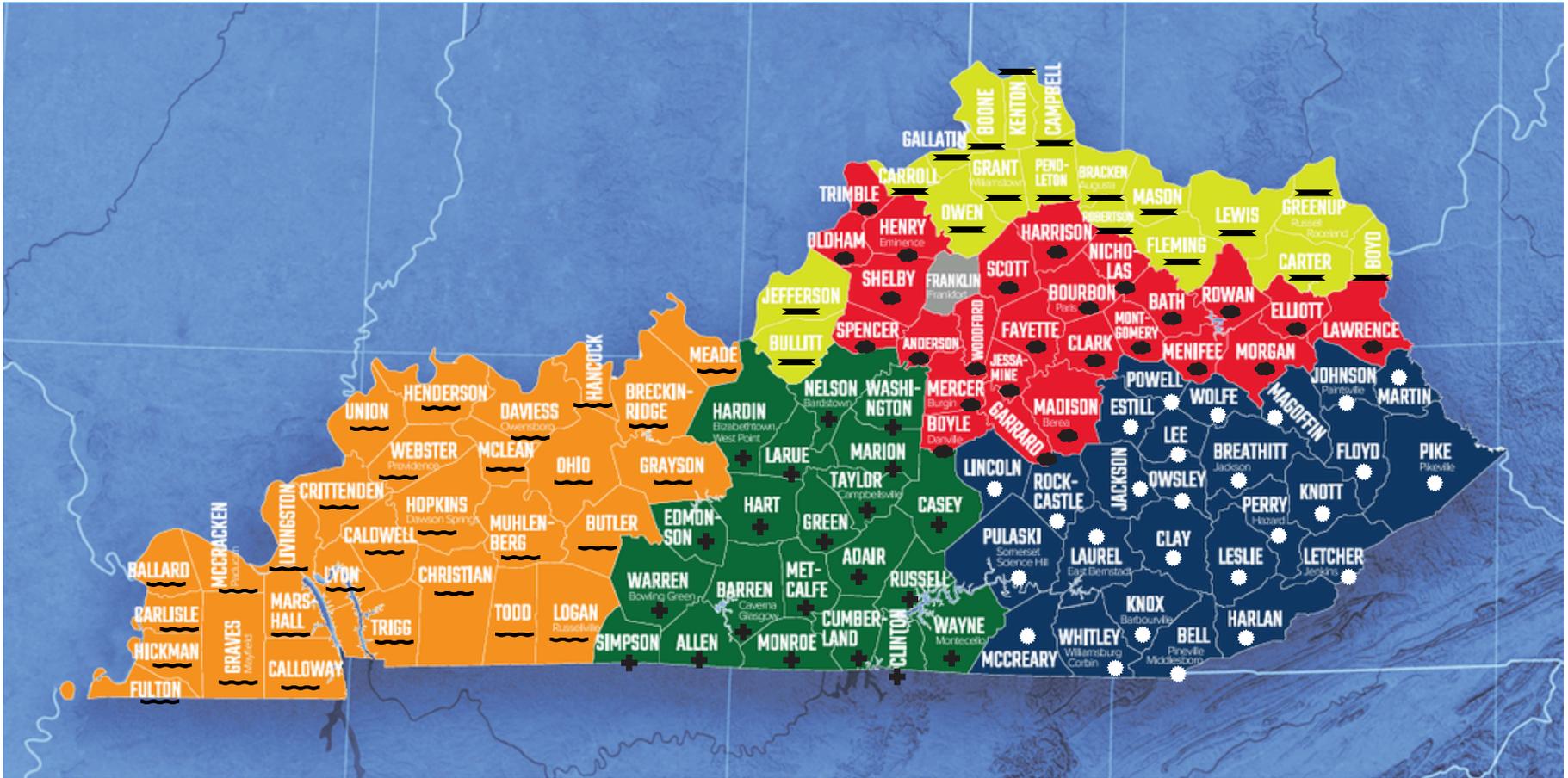


LivingWell Regional Well-being Coordinators Territory Map



LivingWell Regional Well-being Coordinators (RWCs) are wellness professionals trained to assist organizations in increasing awareness of benefits, drive KEHP's LivingWell program engagement, and support wellness initiatives. They work directly with LivingWell Champions, Insurance Coordinators, Human Resources and Benefits staff, and worksite wellness committees.



Contact a Castlight Care Guide:
 Email: support@castlighthealth.com
 Call: 800-681-6758
 Available M-F, 8am – 9pm ET

WEST REGION

Kelsey Rhodes 
 krhodes@webmd.net
 270-226-5279

WEST CENTRAL REGION

Hadley Shoultz 
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 270-221-4425

NORTHEAST REGION

Carl Pickering 
 cpickering@webmd.net
 859-346-8109

EAST CENTRAL REGION

Tara Thurman 
 tthurman@webmd.net
 502-216-4835

SOUTHEAST REGION

JoBeth Welker 
 jwelker@webmd.net
 859-267-3227

Governmental cabinets are shared between multiple regions. If you work for a cabinet and have a question about who your RWC is, please contact Vicky Stevens, Team Lead at vstevens@webmd.net.