



Upcoming Events and Dates to Remember

Upcoming Wellness Fairs

CHR Building	June 26 ,2024	10 a.m. – 2 p.m.	275 E Main St. Frankfort, KY 40601
300 Building	July 31, 2024	10 a.m. – 2 p.m.	300 Sower Blvd. Frankfort, KY 40601

Other Important Reminders

LivingWell Promise Deadline: **July 1**

KEHP Open Enrollment: **October 7-25**

Upcoming Webinars

[Prevention in Focus Series](#): **August 15 & November 21**

[Illuminating Wellness Series](#): **July 11 & October 10**

[Healthier You Activity Series](#): **September 24 & December 7**