



I'M SUPPOSED TO DO WHAT?

GET HELP WITH YOUR LIVINGWELL PROMISE REQUIREMENTS

Learn about the 2019 LivingWell Promise in this Go365 webinar and earn 35 Go365 Points for attending! We will cover:

- In-depth instructions on completing your Health Assessment.
- Where to go and what to know for completing your biometric screening.
- How you can verify your completion of the LivingWell promise.
- The rewards you can earn in Go365 when you complete the LivingWell Promise and more!

**CLICK THE WEBINAR YOU'D LIKE TO ATTEND
AND REGISTER:**

[Monday, Jan. 28 at 4 p.m. \(EST\)](#)

[Thursday, Jan. 31 at 10 a.m. \(EST\)](#)

[Monday, Feb. 4 at 10 a.m. \(EST\)](#)

[Thursday, Feb. 7 at 4 p.m. \(EST\)](#)