

Pick your spot!

Vitality Checks available at area locations



Questions about an event?

Call Christina Turner at (270) 769-1601 or email Christinak.turner@ky.gov

General questions?

HumanaVitality
(855) 478-1623

Can't make one of these events?

Learn about your other options here: [LivingWell Promise](#)

Get your Vitality Check (biometric screening) and complete your LivingWell Promise.

Meade County

April 6

Meade County Health Dept.
520 Hillcrest Drive, Brandenburg

Nelson County

April 7

Nelson County Civic Center
321 South Third Street, Bardstown

Marion County

April 8

Marion County Health Center
516 North Spalding Ave., Lebanon

Larue County

April 9

Larue County Extension Office
807 Old Elizabethtown Road, Hodgenville

Hardin County

April 10

Hardin County Health Center
580 Westport Road, Elizabethtown

Follow three easy steps!

Step 1: Pick a location

The events will run from 7 - 10 a.m. Appointments are not

required.

Step 2: Attend the event

Fast for at least nine hours prior to your appointment.

Bring your HumanaVitality ID card and a photo ID.

Step 3: Get rewards

HumanaVitality rewards you for getting your Vitality Check. You receive 2,000 Vitality Points just for completing and up to an additional 2,000 Vitality Points for results in healthy ranges. Earn even more points by completing the online assessment, too.

The biometric screening consists of a finger prick to measure your cholesterol and blood glucose, blood pressure check, and height, weight, and waist circumference measurements.

LivingWell Humana Vitality
