



Complete your LivingWell Promise before July 1!

Complete either a health assessment or biometric screening.

Health assessment

Visit www.LivingWell.ky.gov and sign in to Go365 to get started. You do not have to get a biometric screening before taking the health assessment.

Biometric screening

Screenings are offered at no cost to you at a number of convenient locations. [Find locations here](#). Take your (HumanaVitality/Go365) ID card, or obtain your Go365 ID online or on the Go365 App. Fast for at least eight hours prior to your appointment. Keep your screening results for immediate proof of completion.

Rewards

Earn up to 4,000 Go365 Points. Receive even more for completing both the online health assessment and biometric screening.

What if I don't?

If you don't complete the LivingWell Promise (either a health assessment or biometric screening), you will not receive the discounted insurance premium (\$40) for a LivingWell plan in 2018.

**** PLEASE NOTE ****

Go365 customer service hours are Monday-Friday 8 a.m. - 7 p.m. EST. July 1 is a Saturday, and there will be no customer service representatives available if you should need assistance

that date. A maintenance outage of Go365 is also planned from approximately 10:30 p.m. EST June 30 until 2:30 a.m. July 1. No extensions will be granted.

Please do not reply to this email.

If you have completed your LivingWell Promise, please disregard.

For questions about your Go365 ID, call 855.478.1623.

For all other wellness benefits, visit LivingWell.ky.gov, email KEHP, or call 888.581.8834.

Text "Go" to to 239355 to get wellness news and important program updates.

**KENTUCKY
PERSONNEL
CABINET**



Questions?
[Contact Us](#)