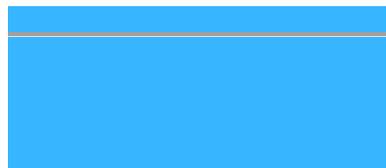




July 2020



Featured News





Kentucky COVID-19 Updates

Since Governor Beshear signed Executive Order 2020-215 on March 6, 2020 declaring a State of Emergency in response to the COVID-19 public health emergency, the Commonwealth of

Kentucky has taken specific, deliberate steps to protect the health of its citizens and its employees.

One of these steps is to provide testing opportunities for state employees and contractors through a partnership with First Care Clinics. Employees and contractors can receive COVID-19 testing at any of the 13 First Care Clinics' testing sites throughout the state or the drive-thru testing site located at the Sower Building in Frankfort.

With supervisor prior-approval, all Executive Branch state employees will be given up to two (2) hours, with reasonable drive-time, to register for and complete their test at any of the locations. Testing dates and hours are provided below:

Testing Dates For State Employees and Contractors

August 4-7
September 1-4
October 20-23
November 17-20
December 15-18

Updates and reminders will be provided by the Personnel Cabinet via work email, social media posts and the Personnel Cabinet app!

[Click here to view COVID-19 testing FAQ](#)

For the most accurate and up-to-date Kentucky COVID-19 info, visit kycovid19.ky.gov.

COVID-19 Hotline (800) 722-5725



FEATURED WEBINAR **Alone at Work: Isolation Risks When Telecommuting, July 28**

COVID-19 has resulted in massive changes in the way we live and work. Working at home has its benefits, but due to our need for human contact, the lack of social interaction can result in mental and physical problems.



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- Quick access to benefits, careers, pay and other employment resources.
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- Stay in the know with the latest employee news.

This workshop presented by KEAP will review the research on isolation's effect on the body and mind, and explore what you can do to decrease those risks. [Click here to register today!](#)



Mid-Year Interim Reviews are Here!

Eligible employees and managers/evaluators have received mid-year interim review tasks from MyPURPOSE, covering performance from January 1 – June 30. Remember that these must be completed no later than July 31.

Employees, be sure to take advantage of the new employee self-review step to provide feedback to your evaluators on your performance. Also, be sure to complete the final employee acknowledgment step to finish out the process. If you have questions, please contact your Agency Performance Management Administrator.

[Click here to access performance management resources](#)



Win a \$25 Amazon gift card!

Whether it is lounging on a beach, traveling to new locations or just relaxing at home, Kentucky Deferred Comp is here to help you achieve your vision for the future. So show us what you're working for!

Enter Kentucky Deferred Comp's Selfie Contest

- Take a selfie that shows how you envision retirement
- **Send your entry to:** scarlet.murphy@ky.gov, **Subject:** Selfie Contest
- Look for your selfie on our Facebook page (@kypersonnel)

Enter as many selfies as you like. The contest ends at 11:59 p.m. ET on August 31, 2020. We'll announce four winners on September 8, 2020. [Click here to learn more and review the Official Rules](#), look for the contest banner.

Looking for ways to improve your chances of enjoying the retirement you envision?

July Events Calendar

[KEAP Webinars \(Click the links for details\)](#)

- [Tuesday, July 14
"Mindfulness: Managing the Emotional Brain"](#)
- [Wednesday, July 15
"Building Resilience"](#)
- [Tuesday, July 28
"Alone at Work: Isolation Risks When Telecommuting"](#)
- [Wednesday, July 29
"State Employee Money Management"](#)

[Other Webinars](#)

- [Wednesday, July 29
"Did You Know? Financial Resources for State Employees"](#)

- [Click here to visit the financial wellness page on the KDC website](#)
- Contact your local KDC Retirement Specialist or the KDC office at 1-800-542-2667.

Kentucky Retirement Specialists are Registered Representatives of Nationwide Investment Services Corporation, member FINRA, Columbus, Ohio. Nationwide representatives cannot offer investment, legal or tax advice. Contact your own advisor for these services.

NRM-19202KY-KY (06/20)



NEW! Virtual Appointments, Kentucky Employee Assistance Program (KEAP)

KEAP is excited to announce Virtual Appointments! This opportunity gives you a chance to meet one-on-one with KEAP counselors. This opportunity also provides onsite critical incident/grief response services remotely from the comfort of your own home. [Click here for more details on KEAP's Virtual Appointments](#)

COMMONWEALTH



Virtual Classroom: MyPurpose Courses

Beginning in July, the Office of Diversity, Equality and Training (ODET) will offer training through **Zoom Virtual Classroom!** These sessions last one hour and are designed to be highly interactive and informative. While we all focus on being "Healthy at Work," why not join us for some great Professional Development opportunities?

July 8: ODET Virtual Classroom: Interview Questions

July 15: ODET Virtual Classroom: Brainstorming

July 21: ODET Virtual Classroom: Bystander Training

July 22: ODET Virtual Classroom: Choosing to Be Accountable

July 28: ODET Virtual Classroom: What is a Protected Class and Why are They Protected?

ODET will also launch its first virtual curriculum in July! Completing this curriculum will be equivalent to the standard Conflict Management course. This curriculum will be available for registration starting July 29!

BLOOD DONATIONS NEEDED!

[Click here for July Blood Donation Information](#)

Register for all of these great offerings in MyPURPOSE!

- **Experience Matters!** The ODET staff have over 152 years of combined experience in state government.
- **LinkedIn Learning** has provided free access to over 5 hours of training on [Diversity, Inclusion, and Belonging for All](#) which focuses on allyship, inclusivity and equality in the workplace. This learning opportunity will be free through August 31st.

[Click here to access MyPURPOSE and get started!](#)



SPECIAL EVENT! Digital Day of Financial Literacy, July 29

As a state employee, did you know that there are numerous FREE financial resources to help you plan for retirement, buy a home or save on medical expenses?

Join us for a day of financial well-being resource sharing and register for the two (2) live webinars with special presentations from the Kentucky Employee Assistance Program, Kentucky Employee Health Plan, Kentucky Housing Commission and Deferred Comp.

- **KEAP State Employee Money Management, 8:30 - 10:30 a.m.**
- **OER Did You Know? Financial Resources for State Employees, 12 - 1 p.m.**

Have a program-related question? Email to russell.goodwin@ky.gov prior to the event for a response by one of the panelists during the "Did You Know?" webinar Q&A segment.

This virtual event will be an introduction to money management and an overview of all the financial tools available to you at your fingertips. You don't want to miss it!

[Click here to register on MyPurpose today - Class sizes limited](#)

Search: "KEAP" and "OER"

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STAY CONNECTED:



This mailbox is not monitored for responses.