



TEAMKENTUCKY

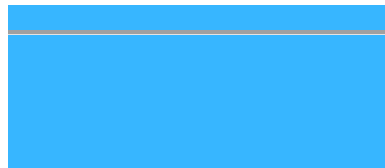
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The Official Newsletter for State Employees

March 2020



Featured News





Governor Andy Beshear's Budget Message to State Employees

On Jan . 28, Gov. Andy Beshear delivered his two-year budget proposal during a joint session.

Speaking in the Kentucky House of Representatives, Gov. Beshear expressed a budget initiative that prioritizes education, health care and pension as core values of #TeamKentucky.

The proposed budget also includes support for ailing rural communities and urban neighborhoods alike, boosting salaries for public workers and supporting programs meant to keep children safer.

[Click here to read Gov. Beshear's letter to state employees](#)



Discounts Offered for Completing Your LivingWell Promise

Complete your LivingWell Promise by July 1, 2020, to save up to \$480 in premium discounts for calendar year 2021.

- Take the written health assessment at KEHPlivingwell.com OR
- Get a biometric screening at a local onsite clinic, a health department, or from your physician. **Contact your Human Resource representative or WellBeing Champion for details.**

[Click here to sign-up and start your health assessment online](#)



MyPurpose Get Started Today!

- Access over 2,000 training courses and webinars
- Connect with team members
- Apply for career opportunities



Download the app!

- Quick access to benefits, careers, pay and other employment resources.
- Receive instant notifications during emergency situations.
- Stay in the know with the latest employee news

March Events

- [Governor's Prayer Breakfast, March 12](#)



The Office of Diversity, Equality & Training (ODET) Featured Courses in MyPurpose

ODET offers an array of professional development opportunities available to all employees and supervisors. These regularly-scheduled courses are held in the Kentucky State Office Building in downtown Frankfort.

Upcoming courses for March include:

- Working Through Change
- Conflict Management
- Leadership Communication
- And many others!

[Click here to log in to MyPURPOSE and register today!](#)



Celebrate National Women's History Month!

This year's national theme, **Valiant Women of the Vote**, celebrates the women who fought for women's voting rights in the U.S.

Follow the Personnel Cabinet on Twitter, Facebook and LinkedIn (see social links below) as we highlight the contributions of women to events in history and contemporary society!



2020 Public Service Recognition Poster Contest: Making a Difference

The Personnel Cabinet is now accepting submissions for the 2020 Public Service Recognition Week Poster Contest.

- [Kentucky Blood Center Blood Drive, March 13](#)

KEAP Korner

- [Sleep Matters Webinar, March 4](#)
- [National Nutrition Month -- Webinar: "Budgeting for Healthy Eating", Mar. 10](#)

Seasonal Safety Tips

- [Daylight Savings Time \(March 8, 2020\)](#)

When you "change the time," take the time to ensure your alarms for smoke and carbon monoxide are working. If you do not have a working smoke detector, install one. Don't forget to test batteries monthly and to replace them twice a year.

- [Flu Prevention Tips](#)

The single best way to prevent seasonal flu is to get vaccinated each

The purpose of the contest is to teach the value of public service through visual arts. Any student aged 6-18 can submit an original work of art with the theme "Making A Difference" by April 10 for a chance to win cash prizes and attend the award ceremony at Salato Wildlife Center on May 8.

[Click here for more details](#)

Save BIG on Fun & Entertainment



Travel & Entertainment Discounts

Hotels Sporting Events
Theme Parks Movie Tickets
Concerts & More!

As a Kentucky State Employee, you are eligible for a range of discounts.

Through our partnership with **TicketsatWork**, we strive to make taking time off and being with your family, friends and loved ones much easier by giving

you access to 20-60% off on theme parks, movies, hotels, shows, concerts, sporting events, and more.

This is just a small token of our appreciation for your hard work!

Save an extra \$5* Promo Code: "take5off"

*Valid on purchases of \$50 or more, through 4/01/20, 3 a.m. EST

[Click here for more information on state employee discounts](#)

year, but good health habits can also help stop the spread of germs and prevent respiratory illnesses like the flu:

- Avoid close contact
- Stay home when you are sick
- Cover your mouth and nose
- Clean your hands
- Avoid touching your eyes, nose or mouth
- Practice other good health habits - Clean and disinfect frequently touched surfaces.
- Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

About

The Personnel Cabinet provides leadership and guidance to: attract, develop, motivate and retain a talented, diverse workforce; foster an understanding of and adherence to regulatory requirements; and create a positive, supportive work environment that values all employees.

The Personnel Cabinet is located at 501 High Street, Frankfort, KY 40601
Normal business hours are from 8 a.m. to 4:30 p.m.

EEO Statement

The Commonwealth of Kentucky does not discriminate on the basis of race, color, religion, sex, national origin, sexual orientation or gender identity, ancestry, age, disability, political affiliation, genetic information, or veteran status in accordance with state and federal laws.

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