



2010 COBRA Rates

	Single	Parent Plus	Couple	Family
Commonwealth Standard PPO	\$496.13	\$764.84	\$1,150.36	\$1,278.63
Commonwealth Maximum Choice	\$586.93	\$868.49	\$1,201.23	\$1,368.35
Commonwealth Capital Choice	\$606.02	\$913.98	\$1,374.45	\$1,520.41
Commonwealth Optimum PPO	\$628.61	\$907.33	\$1,390.67	\$1,545.67
HRA	\$169.58			

2010 COBRA Calendar

Qualifying Event Date	18 Months	36 Months
12/09	06/30/2011	12/31/2012
01/10	07/31/2011	01/31/2013
02/10	08/31/2011	02/28/2013
03/10	09/30/2011	03/31/2013
04/10	10/31/2011	04/30/2013
05/10	11/30/2011	05/31/2013
06/10	12/31/2011	06/30/2013
07/10	01/31/2012	07/31/2013
08/10	02/28/2012	08/31/2013
09/10	03/31/2012	09/30/2013
10/10	04/30/2012	10/31/2013
11/10	05/31/2012	11/30/2013
12/10	06/30/2012	12/31/2013