



Department of
Employee Insurance

NEW FOR 2019: All Planholders Must Complete the LivingWell Promise

2019 LivingWell Promise

- All planholders must take the Go365 Health Assessment **OR** get a biometric screening.
- You must fulfill your Promise by July 1, 2019 in order to receive a \$40.00 monthly premium discount in 2020.

You do not have to complete both the Go365 Health Assessment and biometric screening. But if you do, you will receive additional Go365 Points and you will be closer to reaching Silver Status with Go365.

What is Silver Status?



Silver Status indicates that you are truly engaged in your wellness journey. Your status level increases when you increase your activities. You climb from blue, bronze, silver, gold, and platinum. Not only does it show you are engaged, you earn more rewards, which equals more Go365 Bucks to spend at the Go365 Mall. Studies show that those engaged in their own wellness reduces healthcare costs for the plan and the member. For more information about Go365 log in to go365.com or call 855-478-1623.



Note:

If you have the cross-reference payment option:

- You and your spouse must both fulfill the LivingWell Promise
- You and your spouse will each receive a \$40.00 monthly premium discount in 2020 if you both fulfill the Promise
- If only one of you fulfills the Promise, then only that person will receive the \$40.00 monthly premium discount in 2020
- You and your spouse can each choose separately how you fulfill the LivingWell Promise, with either the biometric screening or Go 365 Health Assessment