



ERNIE FLETCHER
GOVERNOR

COMMONWEALTH OF KENTUCKY
PERSONNEL CABINET
200 Fair Oaks Lane, 5th Floor
FRANKFORT, KY 40601
www.kentucky.gov

ERWIN ROBERTS
SECRETARY

MEMORANDUM

PERSONNEL MEMO 06-04

TO: Cabinet Secretaries
Agency Heads
Personnel Executives

FROM: Secretary Erwin Roberts *ER*

DATE: February 8, 2006

RE: Personal Health Analysis

As part of Governor Fletcher's, "Get Healthy Kentucky," campaign, the Personnel Cabinet and Humana are offering a Personal Health Analysis (formerly known as the Health Risk Assessment). Employees must register on Humana's website at www.humana.com to be able to complete the Personal Health Analysis. This 10 minute survey will provide Humana and the participant with an analysis of their health which will allow Humana to reach out to employees who may benefit from disease management programs, etc.

This survey is strictly voluntary and confidential. Individual results will not be shared. I would ask that you allow employees time at work to complete this survey since many of them may not have access to the internet at home. While it will only take about 10 minutes to complete, it will provide employees the opportunity to assess their well being and provide a "starting point" for Governor Fletcher's "Get Health Kentucky" programs.

If you should have any questions, please feel free to contact the Department for Employee Insurance.