



PERSONNEL CABINET

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Brian J. Crall
Secretary

MEMORANDUM

PERSONNEL MEMO 07-19 UPDATE

TO: All State Employees

FROM: Brian J. Crall, Secretary
Personnel Cabinet 

DATE: September 17, 2007

SUBJECT: 2008 Health Insurance Benefit Fairs – new listing of locations

The Personnel Cabinet, Department for Employee Insurance has scheduled eighteen (18) Health Insurance Benefit Fairs throughout the state. Please note a new listing of locations is enclosed, as some of the dates have changed. At these Benefit Fairs, employees can meet with representatives of both Humana and Express Scripts, as well as, employees of the Department for Employee Insurance. In addition, Humana will present information on the Commonwealth Select plan, and the HRA and FSA programs being offered.

For the Frankfort area employees, the Department for Employee Insurance will host a Health Fair in conjunction with the Benefit Fair on October 2, at the Frankfort Convention Center. The Health Fair is something new this year. This is a perfect opportunity to not only learn about your 2008 health insurance options, but to also gain some knowledge that may improve your overall health. If this proves to be successful, we will attempt to have more Health Fairs in future years at other locations.

Below is a listing of just a few of the health fair activities you may wish to participate in at the Frankfort Fair:

- Blood Pressure, Cholesterol, Stroke and Diabetes Screenings
- Frankfort area fitness centers will be available offering discounts
- Various associations such as the American Heart Association, American Cancer Society, and the Susan G. Komen Foundation will be on hand to provide valuable information
- Kentucky Fish and Wildlife will provide boating and water safety tips
- Transportation Cabinet will provide a demonstration on seat belt safety
- Cabinet for Health and Family Services will be available to provide information on nutrition, smoking cessation programs, and the new Get Healthy Kentucky program.

Remember to ask your supervisor about the time you may be allowed for attending a fair.

2008 Benefit Fairs

Franklin

Oct 2, 8 am-6 pm EST
Frankfort Convention Center
405 Mero Street
Frankfort, KY 40601

Calloway

Oct 3, 2 pm-6 pm CST
Calloway County Board of
Education
Board Meeting Room
2110 College Farm Road
Murray, KY 42071

Jefferson

Oct 3, 8 am-6 pm EST
Kentucky Fair & Exposition
Center, West Hall, Rms 1 & 2
937 Phillips Lane
Louisville, KY 40209

Christian

Oct 4, 2 pm-6 pm CST
Christian County Board of
Education
Board Room
200 Glass Avenue
Hopkinsville, KY 42240

Pulaski

Oct 4, 2 pm-6 pm EST
The Center for Rural
Development
2292 South Hwy 27,
Suite 300
Somerset, KY 42501

Boyle

Oct 5, 2 pm-6 pm EST
Inter-County Energy
Cooperative
1009 Hustonville Rd
Danville, KY 40422

Rowan

Oct 5, 2 pm-6 pm EST
Rowan County Board of
Education
Central Office Board Room
121 East 2nd Street
Morehead, KY 40351

Hardin

Oct 8, 2 pm-6 pm EST
New Highland Elementary
Library
110 W.A. Jenkins Road
Elizabethtown, KY 42701

McCracken

Oct 8, 2 pm-6 pm CST
Western KY Community &
Tech College
Crouse Hall Atrium
4810 Alben Barkley Drive
Paducah, KY 42001

Pike

Oct 9, 2 pm-6 pm EST
Pike Central High School
Conference Room
100 Winners Circle
Pikeville, KY 41502

Hopkins

Oct 9, 2 pm-6 pm CST
Madisonville North Hopkins
High School Library
4515 Hanson Road
Madisonville, KY 42431

Daviess

Oct 10, 2 pm-6 pm CST
Daviess County Public
Schools Learning Center
700 Parrish Plaza Drive
Owensboro, KY 42301

Madison

Oct 10, 2 pm-6 pm EST
Madison Central High School
705 North Second Street
Richmond, KY 40475

Warren

Oct 11, 2 pm-6 pm CST
Greenwood High School
Library
5065 Scottsville Road
Bowling Green, KY 42104

Boyd

Oct 11, 2 pm-6 pm EST
Boyd County Middle School
Theater
1226 Summit Road
Ashland, KY 41112

Kenton

Oct 12, 2 pm-6 pm EST
Northern KY Area
Development District
22 Spiral Drive
Florence, KY 41042

Whitley

Oct 12, 2 pm-6 pm EST
Whitley County Board of
Education
Board Office
300 Main Street
Williamsburg, KY 40769

Fayette

Oct 17, 4 pm-8 pm EST
Dunbar High School
Cafeteria
1600 Man O War
Lexington, KY 40513