



Commonwealth of Kentucky Personnel Cabinet

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Kentucky Employee Assistance Program to provide continuing education credits

FRANKFORT, Ky. (Aug. 29, 2018) - The Kentucky Employee Assistance Program (KEAP) has long been regarded as a valuable and confidential resource for state employees, providing one-on-one consultation, referral, grief response, and training and development opportunities.

Now, KEAP is approved by the Kentucky Board of Examiners of Psychology (KBEP) and the Kentucky Board of Social Work to provide continuing education courses free of charge to state employees in the social services profession who must maintain mental health licenses.

"We are very proud of this accreditation," said Trina Koontz, branch manager for KEAP. "This is confirmation of our desire to offer meaningful, effective resources to employees, and high quality, relevant behavioral health education."

Koontz says an added bonus is the cost savings to the state. The courses are provided at no cost to employees or their agency, equating to a savings of approximately \$25 per hour for each continuing education unit.

Accredited classes cover a range of topics including anxiety awareness, resilience, depression, and traumatic stress, and may be classroom workshops or interactive webinars. New workshops and webinars are added to the calendar quarterly.

Mental health professionals should check with their regulatory board for rules governing CE reciprocity with these organizations. KEAP maintains responsibility for programs and their content.

Additional information is available [here](#).

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